

High School Athletics Through the Year at Cedars Christian School

Fall

Volleyball and Cross-Country

Week 1: Senior (Grades 11 and 12) Girls and Boys Open Practices @ Cedars; Cross-Country meeting

Week 2: Junior (Grades 9 &10) Girls and Boys Practices begin @ Cedars; Senior team practices begin @ Cedars; Cross-country practices begin

Week 3: Grade 8 Girls and Boys practices begin; Junior and Senior team practices move to CNC; Tournament play begins; Cross-country races begin

October: Grade 8 Volleyball league starts (Tuesday 4:00 or 5:30)

November: District (Grade 8, Junior) and Zone (Junior and Senior) Championships;

End November/early December: Provincial Championships

Winter

Basketball

Early December: Junior and Senior practices begin; Tournaments begin; Senior League play begins

January-February: Tournament and Senior league play continues: District and Zone Championships

Early March: Junior and Senior Provincial Championships

April-May: Grade 8 Basketball league and tournaments

Spring

Track and Field, Girls Soccer

March: Girls Soccer indoor practices begin

March/April: Golf team organized; Track and Field team practices; Indoor and Outdoor Soccer tournaments

Mid-May: Golf Zones; Track and Field Zones; Soccer Zones

End of May/early June: Track and Field and Soccer Provincials